



NYS ID/DD NURSES ASSOCIATION NEWSLETTER

Vol. 23, Number Two

Summer 2016

President's Message



Hello Colleagues,

It's just amazing that the Summer is already upon us. Time seems to pass so quickly! I hope this newsletter finds you and your loved ones healthy and happy. On May 24th the association offered its first regional workshop. Anne (Hanson) Payette MSN, RN, FNP-BC, CDDN and Nancy Rutledge, MS, RN, NEA-BC presented

Laboratory Test Interpretation Workshop in Buffalo, NY. The workshop was sponsored with a generous grant from Upstate Pharmacy Ltd. located in West Seneca, NY. There were 42 attendees, 33 of whom became new or renewed members as a part of their registration attending the workshop. It is these type of workshops that can offer enhanced visibility of the NYS ID/DD Nurses Association in particular geographic areas with the hope and expectation that the new members will stay involved in the association. It is with these types of events that together we continue to elevate the association professionally, and increase and pursue personal and professional growth. If you have any suggestions for your particular zone, please reach out to your local Zone Board members.

After careful review of applications from so many qualified applicants, a selection was made by the scholarship committee. I am pleased to announce that Eddie Curran Smith presented the NYS ID/DD Nurses Association scholarship to the winning recipient nursing graduate Doug Sheffield of Cayuga Community College. Congratulations Doug, welcome to the organization and thank you for your dedication and commitment to the very specialized field of ID/DD Nursing.

We are rapidly approaching our annual conference being held at the Crowne Plaza Hotel, Suffern, NY September 25th-27th, 2016. This Conference promises to be an opportunity for networking complete with a wide variety of interesting, thought provoking topics presented by professional, dedicated, and extremely qualified presenters that

are experts in the field of ID/DD. Please continue to check the website for updated information.

We are excited to announce we have finalized plans to offer the Developmental Disabilities Nurses Association (DDNA) Certification Exam to become a Certified Developmental Disabilities Nurse (CDDN) at the annual conference this year. This year seating for the exam will be limited to 20 people. If you are interested in sitting for the exam, please contact our office immediately at information@nysiddna.org.

Please mark your calendars for the annual conference and share the dates with your friends and colleagues.

Kind regards,
Dr. Laura Sardinia-Prager RN, CDDN, CDCP

Joyce Binder Award Deadline 8/31/16



This year at the annual conference we will be awarding the first "Joyce Binder Memorial Award."

This will be awarded to an outstanding, active NYS ID/DD Nurses Association member who has made a significant contribution to advancing the practice of supporting individuals with ID/DD through the demonstrated attributes of caring/compassion, advocacy, mentoring, leadership, dedication, education/research.

Please see attached nominee form (this will also be located on our website) – Only typed application forms will be accepted to ensure legibility. Nominee forms must be mailed and postmarked before 8/31/16 – please submit by mail ONLY the completed application to:

NYS ID/DD Nurses Association
PO Box 32
Hannawa Falls, NY 13647

The New York State Intellectual Disabilities/ Developmental Disabilities Nurses Association (NYSID/DDNA) was founded to promote Intellectual and Developmental Disabilities Nursing as a specialty area of practice. The Association continues to support its members' activities in nursing law, education, research and practice.

President-Elect's Message



I am thankful for another opportunity to reach out to all of you and hope that this message finds you all well. Have you checked out our website lately? It is full of insightful information. In particular, I wanted to alert you to a few excellent resources available at the moment.

The first is a link to a power point presentation regarding Zika Virus. Fred Wetzel has shared a link to the presentation which includes the New York State Action Plan. This link can be found on the home page of our website www.nysiddna.org

The second is a booklet entitled "Prevent, Understand and Live with Diabetes: A Guide for Individuals with Developmental Disabilities". This is a project of The ARC of New Jersey. It is an easy to understand guide to help individuals deal with Type 2 diabetes.

Another is a booklet on "How to Manage your Medication" issued by OPWDD. Both the Diabetes and Medication publications can be found on the resources page of the website. I would like to commend and thank Trish Potocar from Zone 1 for all her fine work as the Chairperson of the website committee. I am looking forward to seeing you at the annual conference in September. Until then, have a safe, healthy and enjoyable summer.

Darlene Langkau, RN

Annual Conference

Our 32nd annual conference will be held at the Crowne Plaza in Suffern, NY on Sunday, 09/25 through Tuesday, 09/27/16. Please mark your calendars! Registration materials will be available on our website www.nysiddna.org.

Speakers will include Tracy Harrienger Esq., Kathy Keating, Dr. Kathleen Bishop, Dr. Vincent Siasoco and Mary Ellen Alexander, Dr. Fred Wetzel, Vicki Schultz, and Dr. Kathryn Dugan just to name a few.

Don't miss this opportunity to sit for the DDNA exam at the conference. If you are interested, please contact us at information@nysiddna.org immediately.

Executive Board Meeting

The Executive Board will be holding the Fall meeting on October 28, 2016. Please notify any of your Zone officers if you would like any information reviewed at this meeting.

Nominations, Hear ye, Hear ye!



If you are interested in running for the office of Treasurer or Corresponding Secretary, please send your biography to information@nysiddna.org by

August 10. These elected officers serve as members of the Board of Directors.

Each position is for a two year term, beginning on 01/01/17. Ballots will be mailed to each person who is a member as of August 1 and must be received before the "Call to Order" of the Annual Meeting in September at the Fall conference. Winners will be announced during this meeting.

The Treasurer's responsibilities include having care and custody of all funds of the corporation, developing an annual financial report to the membership including a proposed budget and dues schedule for the coming year, signing all checks with the President, and returning a percentage of annual dues paid, to zone chairperson/treasurer for use within each organization zone. The Treasurer audits zone income and expenses by means of a financial statement submitted each year by the zone chairperson/treasurer and includes a summary of this review in the annual financial report to the membership.

The Corresponding Secretary's role includes the responsibility of the correspondence of the Corporation. He/she serves as the advisor to the management company on the development of the newsletter and any public relations projects.

DDNA Update

The Developmental Disabilities Nurses Association will be holding their 25th Annual Conference in Dallas, Texas April 6 – 10, 2017. The conference will held at the Hyatt Regency. Please visit the DDNA website: www.ddna.org for details as they become available.

If you are an Amazon shopper, select DDNA as your organization of choice and a percentage of your purchase will go directly to DDNA. This helps to support DDNA's efforts for I/DD nursing!

Cathy Engel, BSN, RN, CDDN

Bylaws Committee

There are no pending changes to the bylaws at this time. If you have a question or suggestion, please contact the Bylaws Chairperson, Darlene Langkau, at langkau@cfdsny.org.

Zone Reports

Zone 1-(St. Lawrence, Franklin, Clinton and Essex Counties)

At Zone One's meeting on March 30th, we were honored to have Jennifer Warren as a speaker to talk about seizure medications. Jennifer is a Pharmacist for Kinney Drug and a very knowledgeable and dynamic speaker. She provided us with a lot of very useful information. Our last meeting was June 15th. Kirk Terry Robinson spoke to us about MOLST (Medical Orders for Life-Sustaining Treatment). Mr. Robinson has 25 years of experience as an attorney in New York with Mental Hygiene Legal Services.

Karen Jarvis, RN- Zone Secretary/Treasurer

Zone 2-(Jefferson, Lewis, Oswego, Onondaga, Oneida, Madison and Herkimer Counties)

For information regarding Zone 2 activities, contact Chairperson Lorna Barok at lbarok@liberty-resources.org.

Zone 3-(Hamilton, Fulton, Warren, Washington and Saratoga Counties)

Zone 3 remains active, with quarterly meetings scheduled throughout the Zone to allow members to travel to an area convenient for them to attend. Our next quarterly meeting will be scheduled for late summer, with date and time TBA, with our dearest friend and colleague Dr. Fred Wetzel presenting. Please stay tuned for dates and times, and all local area nurses are welcomed to attend. For information pertaining to Zone meetings, happenings, and educational opportunities, please contact Anne C. Payette (AKA Hanson), Zone Chair at hansona2001@yahoo.com

Anne Payette, RN, BSN, MSN-Ed, FNP-BC, CDDN

Zone 4-(Montgomery, Schoharie, Schenectady, Albany, Otsego, Delaware, Greene, Rensselaer and Columbia Counties)

Zone 4 continues to have an active membership. On March 24th, Renee Hagerty from Lundbeck Pharmaceuticals hosted a dinner presentation for the zone at Angelo's 677 Prime restaurant in Albany. Amy Vierhile, a Pediatric Nurse Practitioner from the University of Rochester Medical Center presented on Lennox Gastaut Syndrome and the use of the antiepileptic drug, Onfi. The presentation was outstanding as was the food and conversation!

The Zone held our annual membership raffle that evening and Bertha Higgins was this year's winner. Our June meeting, including a delicious luncheon, was again hosted by Springbrook. The Interactive presentation was on Lyme disease, Zika Virus and new Immunization mandates. Presenters were Theresa Oellrich RN, Communicable Disease Coordinator and Kimberly Schlosser RN,

Immunization Coordinator – both from Otsego County Public Health Department.

On August 10th, we will be hosted by Otsego ARC and Karen Bazan at Brooks BBQ in Oneonta. The presentation topic will be given by a Community Care Rx representative from Flushing, NY and they will discuss customizing medication packaging for individuals that we serve whether living alone, in a small group setting, etc.

Respectfully submitted,
Lisa McHugh, RN, Zone 4 Secretary

Zone 5-(Sullivan, Ulster, Dutchess, Orange, Putnam, Rockland and Westchester Counties)

Zone 5 will have meetings in June and November. Information will be sent out about 10 days prior. If anybody has any questions they can contact Madlyn Vaillancourt at 914-522-6722 or mvaillancourt@campventure.org. Thanks so much!

Madlyn Vaillancourt

Zone 6-(Nassau and Suffolk Counties)

The Zone remains very active and continues to recognize the importance of recruiting new members to the organization. We continue to encourage our members to achieve DDNA National Certification as C.D.D.N. (Certified Developmental Disabilities Nurses) to highlight our very specialized area of ID/DD Nursing and improve care to the men and women we support. Our members value and embrace the importance of continuing education in our profession.

At our recent meeting held at Life's Work, Perry Cyprus discussed diabetes, nutritional status and how to improve dietary status with smart food choices and planning. As always, Perry demonstrates his skills and knowledge with delicious food and recipes. Additionally, members who attended received certificates of completion which satisfies the Diabetes Management requirement in the OPWDD setting.

March 14th Dr. Fred Wetzel spoke at FREE regarding Mortality Reviews, legal aspects of nursing documentation, and managed health care. It is always very informative to attend any session which Dr. Fred Wetzel is the speaker as he has many years of experience and knowledge with our population.

Our remaining meetings for the year 2016 are:

September 13th 3:30-5:30pm to be held at FREE—191 Bethpage Sweet Hollow Road, Bethpage. Guest speaker to be determined.

December 6th 4-6pm Holiday Party Location to be determined.

Zone Reports Continued

Zone 6 continued: Our Zone currently has 47 members and we continue to recruit new members. The Zone's mission for our meetings is to bring in informative and interesting speakers and offer educational opportunities to our members to increase the quality of services we provide to those we support. Our meetings and Zone membership serve as an opportunity for camaraderie and information sharing, facilitating a partnership in best practice, and most importantly...fun. Please feel free to contact any of our Zone Officers for information on Zone activities and meetings. Have a safe and relaxing summer all!!!

Cathy Duijnsveld, RN, QDPC

Zone 7-(New York, Richmond, King and Queens Counties)

Just a few words to share from NYC Zone 7: we are all anxiously awaiting the upcoming conference when we will be holding our (typical) annual whiz-bang dinner meeting on the first Monday evening. Wishing everyone a safe, peaceful, & healthy summer, 2016.

Marcia Richman, RN

Zone 8-(Niagara, Orleans, Genesee, Wyoming and Erie Counties)

Zone 8 continues to attempt to attract new members and increased interest. We hold our meetings every other month (odd months) on the second Thursday of the month. Meetings are held at Aspire WNY, 7 Community Dr., Buffalo in room 200. We now have a 4:30 pm dinner followed by a 5 pm meeting. Meetings always include a speaker presentation. At our last meeting we had Gilead present on Hepatitis C prevalence and testing. Topics normally include upcoming events, Developmental Disabilities Alliance of Western New York news, survey issues, and conference planning. Our next meeting is 7/14.

Linda Cultrara, RN, Zone 8 Secretary

Zone 9 & 11- Zone #9 (Chautauqua, Cattaraugus, Steuben and Allegany Counties) and Zone #11 (Monroe, Wayne, Ontario, Livingston, Yates and Seneca Counties)

Zone 9&11 meeting sites move as agencies "host" zone meetings and obtain guest speakers.

Margo Singer from Brain Injury Assoc. of NY spoke at our May zone meeting. Margo gave an excellent talk increasing awareness of communication difficulties of TBI patients, as well as providing helpful resources. Margo will also be a speaker at this year's NYSIDDDNA education conference in September.

Our next meeting will be Wednesday, November

Infection Prevention Updates

16, 2016, from 2-4pm at Ontario Arc in Canandaigua. Tracy Harrienger Esq. will be presenting to the zone nurses and clinicians from the Karl D. Warner Psychiatric Clinic on topics related to the Justice Center. Tracy is currently involved in creating legislation to protect clinicians and practitioners from Justice Center overreach. Tracy will also be speaking at our NYSIDDDNA education conference in September on a much broader scale.

As always, we welcome new members and guests.

Respectfully submitted,
Edie Smith, MSN, RN, Zone Secretary

Zone 10-(Schuyler, Tompkins, Cortland, Chenango, Broome, Tioga, and Chemung Counties)

Zone 10 members are welcome to attend the meetings and activities of any other zone. For information on holding a zone meeting in Zone 10, please contact information@nysiddna.org.

WEB SITE

Look for upcoming information on the fall conference on our web site (www.nysiddna.org) and how to access the conference handouts for each session. Also, check out the postings placed for seminars throughout the state. Let us know if you have something of interest to share with the membership.

Trish Potocar, RN, Website Chairperson

FACEBOOK

NY State ID.DD Nurses Association –Thanks to those who follow our Facebook page. Please encourage your colleagues to check us out ("nysiddna"). We would love to have news from you to post such as meeting announcements. Post a "like" to be able to leave comments or send items to tpotocar@slnysarc.org.

Thank you to Edie Smith and Mary Boisvert who monitor our other Facebook page.

Trish Potocar, RN

Membership Committee Report

Membership in the Association currently stands at 245. Thanks to everyone who renewed their membership or recruited new members! You are all the reason that that the Association exists!

We welcome new members: Tamra Callahan, Stacie Collette, Shannon Cook, Kelley Doyle, Jan Hunt, Alexis Jeror, Kari Reville, and Charlotte Russell from Zone 1; Andrew Curtin, Karen Frost, Elaine Jutton-Popcun, Kathleen Knittel, Andrea Merrell, Michelle Neider, Donald Paradise, Elizabeth Polhemus, and Tila Stelzer, Zone 2; Kathleen Kane, Carol Olmstead, and Cindy Scunziano, Zone 3; Christopher Bubny, Renee Marsolais, Lorene Menichelli, Lindsay Parker, Stephanie Singleman, and Wendy White from Zone 4; Dawn Marie Aiello, Rene Brooks, Michael DeMaio, Dawn Marie Elmer, Rose Landolfi, and Angela Myrie, Zone 5. New members from Zone 6 were Laura Achalal, Sabine Babmatee, Sadina Fischer, Casina Giella, Denise Hartman, Melissa Lewis, Andres Roux, Michelle Seid, Jennifer Stempel, Darline Thompson, Melissa Thorngren, and Carla Wisniewski. Alina Akhsanov and Deena Gutleizer are new from Zone 7; Ashly Cronkite, Penny Everetts, Glenice Guthrie, Twila Matthews, Barbara Mayer, Cynthia Pietrzykowski, Nakja Pires, Frank Rice, Patricia Searle and Denise Winger, Zone 8; Marilyn Conlan, Lisa Golley, and Sandy Jackson, Zone 9; and Cynthia Argen, Laurie Banker, Kara Cannarozzo, Nancy Compton, Dawn Fletcher, Brandi Howard, Rebecca Lepel, Cindy Marzan, Heather O'Donnell, Elaine St. John, Niccele St. John, and Catherine Stowell from Zone 11.

Nancy Rutledge and Anne (Hanson) Payette offered the first regional workshop, "Laboratory Test Interpretation" in Buffalo in May, and of the 42 attendees, 33 became new or renewed members as part of the registration. It was an opportunity to enhance the visibility of the Association in a particular geographic area. MANY THANKS to Nancy and Anne for their time, dedication and recruiting efforts!

We have also worked hard to finalize plans to offer the CDDN examination at the annual conference in September. It is scheduled to be given on Sunday, September 25, 2016 at 1:00 p.m. We are limited to 20 people, and interested members will hopefully take advantage of this. The application process must be completed by June 30 – please visit the DDNA website – www.ddna.org for more information as it is essential that this requirement is met.

Thanks to each and every one of you for all you do!

*Cathy Engel, BSN, RN, CDDN
Membership Chairperson*

How Do I List My Credentials?

Nurses often ask the question, "How do I list my credentials after my name?" The following is recommended by the American Nurses Credentialing Center.

Why Do We Need a Standard Way to List Credentials?

Having a standard way ensures that everyone—including nurses, healthcare providers, consumers, third-party payers, and government officials—understands the significance and value of credentials.

What Is the Preferred Order of Credentials?

The preferred order is:

- Highest earned degree
- Licensure
- State designations or requirements
- National certifications
- Awards and honors
- Other recognitions

Why Is This Order Recommended?

The education degree comes first because it is a "permanent" credential, meaning it cannot be taken away except under extreme circumstances. The next two credentials (licensure and state designations/requirements) are required for you to practice. National certification is sometimes voluntary, and awards, honors, and other recognitions are always voluntary.

What If I Have More Than One of the Same Type of Credential?

List the highest education degree first, for example, Michael Anderson, PhD, MSN. In most cases, one degree is enough, but if your second degree is in another relevant field, you may choose to list it. For example,

Example: Susan Smith, BSN, RN, CDDN

Source:
American Nurses Credentialing Center. (2013). [How to Display Your Credentials](http://www.nursecredentialing.org). <http://www.nursecredentialing.org>. Accessed June 27, 2016.

Doug Sheffield 2016 Scholarship Winner



Edie Smith presents the 2016 Scholarship to Doug Sheffield

Joyce Binder Memorial Award
Application



Awarded to an outstanding NYS ID/DD Nurses Association member who has made a significant contribution to advancing the practice of supporting individuals with ID/DD through the demonstrated attributes of caring/compassion, advocacy, mentoring, leadership, dedication, education/ research.

Name of Nominee/Title: _____

Nominee is a member of NYS ID/DD Nurses Association as of Aug. 1, 2016?
_____ **Yes** _____ **Unknown**

Experience of Nominee: _____

Describe how this nurse has/will change the quality of life and has made a positive impact for the people he/she supports:

