



NYS ID/DD NURSES ASSOCIATION NEWSLETTER

Vol. 24, Number One

Winter 2017

President's Message



Hello Members,

I hope this newsletter finds you in good health and with a sense of revitalization and optimism for the New Year. The Executive Board will be meeting in April in Syracuse for our Spring meeting to discuss "your" organization. We will be discussing general meeting business, the upcoming conference, as well as the strategic plan we are developing in collaboration with R&R Healthcare Education Consultants. Several weeks ago an e-mail was sent to all members seeking interested, highly motivated nurses to serve on, and Chair various Association committees. Additionally, positions are available to help move our strategic plan forward. The development and implementation of a strategic plan is important work that will advance the organization and the specialty of ID/DD Nursing. If you have not already done so, please respond to the e-mail if you are interested and able to be involved in these important roles.

The Conference Planning Committee continues to work diligently solidifying agreements with professional, qualified, engaging, and interesting speakers for the upcoming Annual Conference. The committee works tirelessly each year for your best conference experience. The NYS ID/DD Nurses Association Annual Conference will be held at the Albany Marriot, September 24th-September 27th, 2017. We will be offering a special pre-conference event this year; a CDDN Exam Prep Course Saturday September 23rd 2:00Pm-5:00Pm and Sunday September 24th 8:30AM-12:30PM.

Please remember that membership renewals are approaching in April and the application for renewal has been sent to members, you can also renew via PayPal on our website, as well as at the Zone level. Your membership not only supports the NYS ID/DD Nurses Association's effort to continue to provide our Annual Conference, but supports your local Zone as well. A portion of each paid membership is credited back to each Zone. The

Zone money helps to offset the cost of local educational Zone meetings and speakers. Together we continue to gain personal and professional growth by participating in the activities provided by the Association throughout the Zones in the state, and at our Annual Conference.

Thank you for all that you do, and your continued commitment to the Association's mission to grow and evolve and remain strong advocates to improve the lives and the quality of care for the men and women we are privileged to support.

It is with great sorrow we share the loss of President Elect Darlene Langkau's husband Stephen. Darlene had tirelessly and lovingly cared for her beloved husband throughout his multiple health issues. Please keep Darlene and her family in your thoughts and prayers during this difficult time.

Kind regards,
Dr. Laura Sardinia-Prager RN, CDDN, CDCP

Website

www.nysiddna.org

Available and upcoming training sessions and dates for mandated new RN trainings will be posted as received.

Watch for updated information on the State Conference, NYS ID/DD NURSES ASSOCIATION 33rd Conference, September 24-26, 2017 at the Albany Marriott.

Facebook

NY State ID/DD Nurses Association

Look for updates on information regarding the Nurses Assoc and its membership. If you have news on any member and/or photos please send to tpotocar@slnysarc.org.

The New York State Intellectual Disabilities/ Developmental Disabilities Nurses Association (NYSID/DDNA) was founded to promote Intellectual and Developmental Disabilities Nursing as a specialty area of practice. The Association continues to support its members' activities in nursing law, education, research and practice.

President-Elect's Message



I am grateful to have the opportunity to reach out to all of you again and apologize for the brief message I send you.

Winter is nearly over and spring is knocking at our doors. Spring is a time of new beginnings and regrowth.

It brings new opportunities to all of us and I want to encourage you all to look for and seize

those opportunities. Our association is made up of many knowledgeable, friendly nurses who are eager to share their experiences.

Take every chance you can to network with your colleagues and share ideas for providing quality care to the individuals we serve. Why not reach out to another zone near yours and invite them to a meeting or networking session. Reach out to colleagues in hospitals and provider's offices to share information to increase their knowledge in communicating with and understanding the population we work with.

I would love to hear from you and share ideas or hear about your experiences.

*Until next time,
Darlene (langkau@cfdsny.org)*

Annual Scholarship

Scholarship applications are being accepted through March 31, 2017. Guidelines can be found and printed from the web site. From the Home page, click on 'About'. Then scroll down and under 'Mission', click on 'NYSIDDDNA Scholarship'.

Each year up to a \$1,000 scholarship is awarded to an LPN or Direct Support Professional who is currently matriculated in an accredited RN program in NYS, is a NYS resident and intends to work as an ID/DD RN upon graduation. Attendance at the annual 2017 conference will also be awarded.

Please encourage any qualified candidates to apply before the deadline.

Bylaws Committee

There are no pending changes to the bylaws at this time. If you have a question or suggestion, please contact me at langkau@cfdsny.org.

Darlene Langkau, RN, Bylaws Committee Chair

DDNA Update

D.D.N.A. will be holding their 2017 Annual Education Conference, "Celebrating Our Past Shaping Our Future" in Dallas, Texas at the Hyatt Regency Hotel, April 7 – 10, 2017. This will be the Association's 25th Annual Conference with a Gala Celebration on Friday, April 7. The celebration includes a 25th Anniversary slideshow. If you have any photos you would like to see in the slideshow please send the files to photos@ddna.org. A special event on April 8th is a trip to Ft. Worth to enjoy the historic stockyards area for shopping or dining OR visit Billy Bob's Texas, the largest honky-tonk in the world. Rooms at the Hyatt Regency will begin at \$155.00/night and reservations must be made by 3/31/17.

The second annual "Certification Boot Camp" Pre-Conference will be held on Thursday, April 6, 2017. This is a CDDN/DDC exam prep with helpful tips, practice questions and exam insight from other certified Nurses. The program will also offer an overview of IDD nursing and commonly used medications – a great refresher! The certification exam will be offered at the conference, and is also available throughout the year at Prometric testing sites throughout the country. If you are interested in participating in the exam at the conference, you must have submitted your application by February 1, 2017. Please visit the website to review the requirements, costs and deadlines.

The conference will offer multiple breakout sessions, with tracks related to administrative, clinical and psychosocial challenges. A full track of neuro developmental syndromes will be presented by Terry Broda, and other speaker's returning due to popular demand includes Barb Bancroft and Ruth Myers. Diane Moore will discuss the challenges of the reduction of nursing support in many programs and a panel of experts will discuss actions to address this concerning trend. For more details and conference registration information visit the website at www.ddna.org.

Cathy Engel, BSN, RN, CDDN

Promote your affiliation with the NYSIDDDNA!!! Visit our online store where you can purchase items all with the NYSIDDDNA logo; hoodies, hats, tees in a variety of styles and colors, golf and polo shirts, mugs, etc. You can purchase individual items or in bulk quantities for your staff nurses!!!

Visit the NYSIDDDNA stores link at through A&M Graphics, Auburn NY.

<http://stores.aandmgraphics.net/nysiddna>

Zone Reports

Zone 1-(St. Lawrence, Franklin, Clinton and Essex Counties)

The first Zone meeting for 2017 is scheduled for Thursday, March 30th. The speaker will be Sandra Bigelow from Parent to Parent. Parent to Parent is a group formulated to help family's access services and know what services are available. The meeting will be held at the Lobster House Restaurant, Rt 56, Norwood from 11-3. Lunch is off the menu.

Trish Potocar, Chairperson, Zone 1

Zone 2-(Jefferson, Lewis, Oswego, Onondaga, Oneida, Madison and Herkimer Counties)

Zone 2 will be electing a new secretary and Chairperson for 2017. We have delegates attending the DDNA conference in Texas and will receive an overview at our next meeting.

Chairperson Lorna Barok
lbarok@liberty-resources.org

Zone 3-(Hamilton, Fulton, Warren, Washington and Saratoga Counties)

Zone 3 has remained active, holding quarterly meetings with the last at the Raindancer Steak Parlour in Amsterdam NY. Our next quarterly meeting will be held in April/May 2017 with date and time to be announced. We are committed to joining with neighboring zones to promote collaboration in providing an expanded educational experience for our members. Anyone wishing to join us is welcomed to contact Anne Payette, Zone 3 chair at hansona2001@yahoo.com, for further information.

Zone 4-(Montgomery, Schoharie, Schenectady, Albany, Otsego, Delaware, Greene, Rensselaer and Columbia Counties)

Zone 4 brought in the New Year with a growing membership. Our December meeting included tallying votes for 3 new representatives:

- Darlene Lanakau from Center for Disability Services
- Jessica Weston from Springbrook
- Mary Jean Keegan from Wildwood programs

Our March meeting will include a presentation by Presto products – and we will be celebrating the fact the spring will have sprung! We will meet again in June at Rensselaer ARC and in August Otsego will host – Topics to be determined. We continue to grow into a strong support network always sharing, collaborating and looking for ways to improve the field of ID/DD nursing.

Lisa A McHugh RN, BSN, CDDN

Zone 5-(Sullivan, Ulster, Dutchess, Orange, Putnam, Rockland and Westchester Counties)

For Zone 5 information, please contact Zone Representative Sandra Mellion (914)907-3719
sandramellion@gmail.com

Zone 6-(Nassau and Suffolk Counties)The Zone remains very active and continues to recognize the importance of recruiting new members to the organization. We continue to encourage our members to achieve DDNA National Certification as C.D.D.N. (Certified Developmental Disabilities Nurses) to highlight our very specialized area of ID/DD Nursing and improve care to the men and women we support. Our members value and embrace the importance of continuing education in our profession.

Our annual Holiday meeting was held at the Main Event in Farmingdale and we let our artistic abilities flow while painting wine glasses. As always it is wonderful to bring in the holiday season with our friends and colleagues. A good time was had by all who attended and we miss all that were not able to make it.

Our upcoming meetings for the year 2017 are as follows:

March 15th 3:00-5:00pm to be held at FREE 120 Plant Avenue, Hauppauge, NY (Large Conference Room) Guest speakers – Eastern Portable X-Ray

June 14th 3-5pm to be held at Life's WORC in Deer Park Guest speaker Perry Cyprus presenting the annual Diabetes update.

September 13th – To Be Determined

December - Holiday Party - Location TBD

Our Zone currently has 50 members and we continue to recruit new members. The Zone's mission for our meetings is to bring in informative and interesting speakers and offer educational opportunities to our members to increase the quality of services we provide to those we support. Our meetings and Zone membership serve as an opportunity for camaraderie and information sharing, facilitating a partnership in best practice, and most importantly....fun. Please feel free to contact any of our Zone Officers for information on Zone activities and meetings.

Cathy Duijnisveld, RN, CDCP
Corresponding Secretary
cduijnsveld@familyres.org

Zone 7-(New York, Richmond, King and Queens Counties)

For Zone 7 information please contact Marcia Richman, RN marcia.richman@ahrcnyc.org

Zone Reports Continued

Zone 8-(Niagara, Orleans, Genesee, Wyoming and Erie Counties)

Zone 8 continues to have meetings every other "odd" month on the 2nd Thursday of the month. The meetings are held in the Aspire building at 7 Community Dr. in Cheektowaga. All meetings include a complimentary dinner now at 5 pm followed by an in-service topic and meeting agenda.

Our last meeting was our Holiday gathering and gift exchange. It was wonderful to see members both new and old. We continue to try to find ways to attract new members.

Our next meeting is 3/9/17 and UCB is presenting on Briviact for seizures.

Linda Cultrara, RN, Zone 8 Secretary

Zone 9 & 11- Zone #9 (Chautauqua, Cattaraugus, Steuben and Allegany Counties) and Zone #11 (Monroe, Wayne, Ontario, Livingston, Yates and Seneca Counties)

Zone 9&11 meeting sites move as agencies "host" zone meetings and obtain guest speakers. Our 2017 Zone Meeting Dates are as follows: All Tuesday from 1-3 pm. May 9, 2017 June 13, 2017, and November 14, 2017.

We have plans for a diabetic educator to speak at one of our meetings; this would count as your update, but also provide a wealth of information. Other potential speaker topics are Sepsis; identifying it early and what we need to teach direct support staff, nursing recruitment issues and possible solutions, and any other topics suggested. As always, we welcome new members and guests.

Respectfully submitted,
Edie Smith, Zone Secretary

Representation Requested

The NYS ID/DD Nurses Association recently contacted OPWDD as the professional association for RNs and LPNs in New York State, respectfully requesting to have one of our nurse leaders appointed to serve on the committee revising 633.17, as well as writing regulations for delegated nursing tasks in the community, administration of medication in the community, and delegated nursing tasks in family care. The response indicated, "OPWDD counsel's office is currently engaged in translating the existing Memorandum of Understanding governing delegation of nursing tasks into regulation. In so doing, we are not intending to modify existing standards. We are intending to publish this document for public comment, and would welcome your input at that time." We have of course asked to be on the list for review and comment.

Membership Committee Report

We currently have 337 Members of our Association!

ZONE 1 –	38 MEMBERS
ZONE 2 –	45 MEMBERS
ZONE 3 –	12 MEMBERS
ZONE 4 –	53 MEMBERS
ZONE 5 –	35 MEMBERS
ZONE 6 –	50 MEMBERS
ZONE 7 –	25 MEMBERS
ZONE 8 –	21 MEMBERS
ZONES 9/11 –	52 MEMBERS
ZONE 10 –	6 MEMBERS

Welcome to our new members who have recently joined the Association! Kathleen Olsen from Zone 2 and Bonnie Sacko and Ann Scoda from Zone 11.

Please remember that membership renewals are due by April 1, 2017. Application forms are available on the website. An invoice is available for agencies that cover the membership costs for a group of nurses – if this is needed please request this via the website. Please note that PayPal is an option for dues payment with a \$1.65 additional fee added to the \$45.00 membership renewal. Nurses opting to use PayPal need to fax their membership application to 315-379-0619 as the PayPal process only provides the payment, not the essential membership information.

**Thanks for all you do as an ID/DD Nurse!!!
Spread the word to your colleagues who are not members and encourage them to join our Association!**

If you (or a colleague) are not a member, please visit our website www.nysiddna.org for more information about the Association and the membership process.

** The NYS ID/DD Nurses Association is also a Network of the Developmental Disabilities Nurses Association (D.D.N.A.), a national organization of DD nurses. D.D.N.A. offers a national certification for both RN's and LPN's working in our specialty. More information about this organization and certification can be found on their website www.ddna.org

*Cathy Engel, BSN, RN, CDDN
Membership Committee Chairperson*



AMERICAN NURSES ASSOCIATION

**Nursing: The Balance of
Mind, Body, and Spirit**

New York State ID/DD Nurses Association, Inc. Membership Application/Renewal Form

New Members - Complete all information.

Renewing Members - Complete only name and changes. This form can also be used for zone transfer and other updates.

Check all that apply: New Member (full membership) Renewing Member Associate Member*

Name _____

RN LPN Transfer (requesting transfer from zone ____ to zone ____)

Nurse License Number _____

Home Address _____

City, State, Zip _____ County _____

Home Telephone _____ Email _____

Work Site/Agency Name _____

Work Address _____

City, State, Zip _____ County _____

Work Telephone _____ Email _____

School Attending (associate member only) _____

SEND ALL MAILINGS TO: HOME WORK

**ANNUAL MEMBERSHIP FEE (Membership Year is April 1-March 31):
Full Membership \$45 Associate Membership* \$15**

Associate members are inactive (retired or unemployed), and are non-voting members.

Make check/money order payable to NYS ID/DD Nurses Association, Inc.
Mail application and payment to PO Box 32, Hannawa Falls, NY 13647

NYS ID/DD Nurses Association
PO Box 32
Hannawa Falls, NY 13647

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SAVE THE DATES!

NYS ID/DD NURSES ASSOCIATION 33rd Conference
September 24-26, 2017 Albany Marriott

Special Pre-Conference Event This Year
CDDN Exam Prep Course

Speaker: **Terry Broda, RN, BScN, NP-PHC, CDDN**
Saturday, Sept. 23, 2017, 2:00 – 5:00 pm AND

Sun. Sept. 24, 2017 8:30 am – 12:30 pm *(must attend both sessions)*

Pre-conference registrations will be due August 15. \$150 members, \$175 nonmembers. Enrollment will be limited.

A small block of hotel rooms has been arranged for Saturday night.

Please make your reservations NOW as the block is expected to sell out.

Hotel reservations should be made directly by attendees with Marriott reservations at 1 (800) 228-9290 or (518) 458-8444.

The conference hotel rate is \$133 plus taxes, if applicable.

Please indicate you are asking for the NYS ID/DD Nurses Association rate.