



NYS ID/DD NURSES ASSOCIATION NEWSLETTER

Vol. 25, Number One

Winter 2018

President's Message



Hello Fellow Members
I hope you all had a good Holiday season. The winter has been cold and snowy. Are you ready for spring? I am. Spring is a season of coming to life and new growth. As I start my term as your President, I am hoping that our association will spring to life. I am looking forward to the new growth we

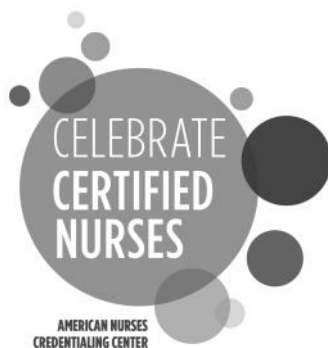
will experience with new officers and new members stepping forward into leadership roles within their zones and in statewide positions.

As we move forward with our Strategic Plan we will experience new growth. This will come as you, our membership, work on developing a nursing orientation curriculum, a training for providing nurses with the required Diabetes Update and the plan for this year's Annual Conference.

I, along with the Executive Board, may be steering the ship but you the members are the power driving it. I am anticipating and looking forward to an exciting year.

Thank you for entrusting me with the task of being your President. As always, please feel free to contact me at dlangkau@hotmail.com with questions or suggestions.

Darlene



March 19 is Certified Nurses Day!
Congratulations CDDNs!

Gallup Ranks Nurses Most Honest and Ethical

For 16 years in a row, nurses have been ranked by Americans as the professionals with the highest honesty and ethical standards, according to a Gallup poll released Dec. 26. According to the poll, 82 percent of Americans rated nurses' honesty and ethical standards as "very high" or "high." The next closest profession, military officers, was rated 11 percentage points behind nursing.

"Nurses provide much more than bedside care. We advocate for patients, deliver primary care, meet the complex needs of patients with chronic conditions, volunteer for disaster relief efforts, and are a trusted voice in boardrooms across the country," said Pamela F. Cipriano, PhD, RN, NEA-BC, FAAN, president of the American Nurses Association (ANA).

WEBSITE REPORT-NYS ID/DD NAWeb

Address: www.nysiddna.org

TRISH POTOCAR

March 2018

We continue to research ways to make your online experience easier. We are looking into making applications, etc more interactive. If you experience any issues, be sure to let us know. We want your feedback. Pictures of the conference are posted to the site. If you have any news, events, milestones for your members or photos to post please send to tpotocar@slnysarc.org.

FACEBOOK-NYSiddna

Numbers continue to rise for those who have found the facebook page. It can be linked to your personal facebook page so you will see new postings quicker. Check it out. Comments, postings, photos are welcome. If unsure how to comment, send the information to tpotocar@slnysarc.org.

Trish Potocar, RN, Website Chairperson

The New York State Intellectual Disabilities/ Developmental Disabilities Nurses Association (NYSID/DDNA) was founded to promote Intellectual and Developmental Disabilities Nursing as a specialty area of practice. The Association continues to support its members' activities in nursing law, education, research and practice.

Zone Reports

Zone 1-(St. Lawrence, Franklin, Clinton and Essex Counties)

Zone 1's next meeting is set up for April 6th at 11:00 at the Lobster House restaurant in Norwood. We are very happy to have Dr Schaefer ENT as a speaker, he will be talking about Sinusitis and Dysphagia. He will focus on treatment options that are available.

Karen Jarvis, Secretary/Treasurer, Zone 1

Zone 2-(Jefferson, Lewis, Oswego, Onondaga, Oneida, Madison and Herkimer Counties)

Zone 2 is planning our schedule for meetings for this year. We are reaching out to agencies within the zone to host meetings and we also have some great ideas for speakers for each meeting. We are looking forward to getting our Zone back into working order.

Amanda Aiello, Chairperson

Zone 3-(Hamilton, Fulton, Warren, Washington and Saratoga Counties)

Zone 3 remains active, continuing to hold quarterly meetings that are strategically scheduled throughout the Zone for easy access to members. Our last meeting was held on December 5th 2017 at the Raindancer Steak Parlour in Amsterdam NY. An educational session was provided by representatives from Astra Zeneca on respiratory management of asthma and COPD. Our next meeting will be held in May of 2018, tentatively scheduled for Lake George NY, with further details to be announced as we near the date. All area nurses are welcomed to attend. Please contact Anne, Zone Chair at hansona2001@yahoo.com.

Zone 4-(Montgomery, Schoharie, Schenectady, Albany, Otsego, Delaware, Greene, Rensselaer and Columbia Counties)

Our last meeting was our Holiday Party on 12/7/17 at Buca di Beppo Restaurant in Albany – it was well attended by many nurses within our zone. We had election of new officers at this meeting and we have some new nurses joining our officer's positions.

Our next meeting is scheduled for April 4, 2018 from 9:30am – 11am – hosted by Wildwood Programs, 1190 Troy Schenectady Rd, 12110, Third Floor Conference Rooms B & C. Presentation from Fox Vision re: the identification of vision related issues & possible interventions to use with aging persons with Intellectual & Developmental Disabilities. Light snacks and meeting to follow afterwards. Hope to see everyone there – flyers will be coming out to zone members soon.

On June 5, 2018 – Time to be determined at a later date – Dr. Fred Wetzel will be doing his lecture on "Dementia" – hosted at Springbrook in Oneonta, NY at the Family Engagement Center conference room. More info to follow at a later date.

We will have a meeting in August 2018 hosted by ARC Otsego and our Holiday party will be scheduled sometime in December 2018. More information to follow at a later date.

Anyone wishing further information contact any officer in zone 4.

Carol Krueger, Co-chairperson

Zone 5-(Sullivan, Ulster, Dutchess, Orange, Putnam, Rockland and Westchester Counties)

Zone 5 is in the process of trying to pull a meeting together some time in April. Madlyn V. will send out details. The speaker will be a gentleman who does orthotics and custom shoes. For Zone 5 information, please contact Zone Representative Sandra Mellion (914)907-3719

sandramellion@gmail.com

Zone 6-(Nassau and Suffolk Counties)

The Zone remains very active and continues to recognize the importance of recruiting new members to the organization. We continue to encourage our members to achieve DDNA National Certification as C.D.D.N. (Certified Developmental Disabilities Nurses) to highlight our very specialized area of ID/DD Nursing and improve care to the men and women we support. Our members value and embrace the importance of continuing education in our profession.

Our annual Holiday meeting was held at the Main Event in Farmingdale and we let our artistic abilities flow while painting on wooden plaques either Nursing or Holiday designs.. As always it is wonderful to bring in the holiday season with our friends and colleagues. A good time was had by all who attended and we miss all that were not able to make it.

Our upcoming meetings for the year 2018 are as follows:

March 15th 3:00-5:00pm to be held at FREE Life's Work, 60 East Industry Court, Deer Park, NY (Large Conference Room) Guest speakers – Mary Sherry presenting Dementia

June 6th 3-5pm to be held at Life's WORC in Deer Park Guest speaker Perry Cyprus presenting the annual Diabetes update.

October 11th 3:00-5:00 at Long Island University-Post, Life Science Building 720 Northern Blvd., Brookville, New York Guest speaker Fred Wetzel on the topic of Medication Errors

December - Holiday Party - Location to be determined

Our Zone currently has 50 members and we continue to recruit new members. The Zone's mission for our meetings is to bring in informative and interesting speakers and offer educational opportunities to our members to increase the quality of services we provide to those we support. Our meetings and Zone membership

Zone Reports Continued

serve as an opportunity for camaraderie and information sharing, facilitating a partnership in best practice, and most importantly....fun. Please feel free to contact any of our Zone Officers for information on Zone activities and meetings.

Cathy Duijnsveld, RN, QDCP
cduijnsveld@familyres.org

Zone 7-(New York, Richmond, King and Queens Counties)

For Zone 7 information please contact Marcia Richman, RN marcia.richman@ahrcnyc.org

Zone 8-(Niagara, Orleans, Genesee, Wyoming and Erie Counties)

Zone 8 recently celebrated their Holiday gathering, dinner and gift exchange. The event was well attended and enjoyed by all. Meetings are held the second Thursday of the month at the Aspire Building, 7 Community Dr. in Cheektowaga and begin with dinner at 5:30 pm. Our March 8th meeting will be a Narcan training with the Department of Health. All are invited to attend. Please RSVP to linda.m.cultrara@opwdd.ny.gov if you'd like to attend.

Linda Cultrara, RN, Zone 8 Secretary

Zone 9 & 11- Zone #9 (Chautauqua, Cattaraugus, Steuben and Allegany Counties) and Zone #11 (Monroe, Wayne, Ontario, Livingston, Yates and Seneca Counties)

Zone 9&11 meets three times a year in the Rochester area. The 2018 dates are May 8 at CP Rochester, and June 12 and November 13 meetings at Starbridge Inc. Our tentative speakers will cover clinical and pharmaceutical topics pertinent to our members. At our November, 2017 meeting, the NYS Infection Control curriculum, in collaboration with Auburn Community Hospital, was provided. This packet will be available to zone members by contacting Edie Smith.

We want to welcome our new treasurer, Cynthia Beckhorn, residential nurse at Catholic Charities in Rochester. The zone officer positions of secretary and president are up this year, and we are seeking any interested in members. All zone officers attend the Executive Board meetings twice a year in Syracuse.

Resources that are available to all members: Stat!Ref FREE mobile resource app – you can access information online through the web. FREE access to Mosby's, Davis Drug Guide, and additional resources.

<http://www.statref.com/products/srMobile.html>

Respectfully submitted,
Edie Smith, Zone Secretary

The Nightingale Tribute

I recently attended the funeral for a former nursing school instructor. The nurses in attendance participated in the Nightingale Tribute at the funeral home. It was beautiful so I thought I would share it.

The Nightingale Tribute is an acknowledgement to a nurse for her lifelong service, which is presented at her funeral or memorial service. It begins with a short summary of the nurse's career, next the tribute is read, and then a white rose is placed with the nurse. In 2003, One of the members of the Kansas Society of Nurses, Janice Jones created the tribute, and another nurse, Duane Jaegar wrote the poem. In 2005, The American Nurses Association (ANA) adopted this tribute to honor ANA members who are no longer with us.

"Nursing is a calling, a lifestyle, a way of living. Nurses here today honor our colleague, who is no longer with us and their life as a nurse. She is not remembered by her years as a nurse, but by the difference she made during those years by stepping into people's lives, by special moments.

She Was There

When a calming, quiet presence was all that was needed,

She was there.

In the excitement and miracle of birth or in the mystery and loss of life,

She was there.

When a silent glance could uplift a patient, family member or friend,

She was there.

At those times when the unexplainable needed to be explained,

She was there.

When the situation demanded a swift foot and sharp mind,

She was there.

When a gentle touch, a firm push, or an encouraging word was needed,

She was there.

In choosing the best one from a family's "Thank You" box of chocolates,

She was there.

To witness humanity,—its beauty, in good times and bad, without judgment,

She was there.

To embrace the woes of the world, willingly, and offer hope,

She was there.

*And now, that it is time to be at the Greater One's side,
She is there."*

"We honor you this day and present this white rose and light this candle to symbolize our honor and appreciation for being our nurse colleague."

*Note: pronoun can be changed. Reference:
<http://www.nursingworld.org/ANA/nightengale-Tribute.pdf>

Provided by Maureen Gavin BSN RN-BC CDDN

NYS ID/DD Nurses Association
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Hannawa Falls, NY 13647



SAVE THE DATES!

NYS ID/DD NURSES ASSOCIATION

34th Conference

Honoring the past, Empowering the present, Educating the future

September 30—October 2, 2018

Doubletree by Hilton, Syracuse NY

Tentative Topics

Dual Diagnosis-2 part session
Dementia and the ID/DD-2 part session
What Goes In Must Come Out: – A Nurse's Guide to Preventing Impaction
Delegation in OPWDD Certified Sites
Pitfalls and Process for the Diagnosis of Mental Illness in ID
Promoting Successful Community Transitions
Self Care is as Important as Patient Care
Gurgles, Wheezes, & Respiratory Diseases
Antibiotic Stewardship
OPWDD Update 2018
BSN in 10
Care Coordination Model in I/DD

2018 ANNUAL SCHOLARSHIP

Scholarship applications are being accepted through March 31, 2018 Guidelines may be found and printed from the web site.
www.nysiddna.org

Each year up to a \$1,000 scholarship is awarded to an LPN or Direct Support Professional who is currently matriculated in an accredited RN program in NYS, is a NYS resident and intends to work as an ID/DD RN upon graduation.

Please encourage any qualified candidates to apply before the deadline.