



# NYS ID/DD NURSES ASSOCIATION NEWSLETTER

Vol. 25, Number Two

Summer 2018

## President's Message



Hello Fellow Members:  
Summer is finally here. Have you been as excited as I am to see flowers, green trees, sunshine and warm weather?

I am also excited about our association and the direction we are heading. It was great to see new faces at our spring Executive Board Meeting in April.

These new faces bring with them a renewed energy, a new perspective on issues & association business and refreshing ideas. Their input provided a new inspiration to the dedicated individuals who have served on the Board for these past years. It was exciting for me to receive many comments on what a great meeting we had.

During that Board Meeting, a committee met to review the applications for our annual scholarship. I am very happy and excited to announce that the 2018 NYSIDDDNA Scholarship recipient is Kate Hanson. Kate submitted a very compelling essay on her experiences interacting with individuals with intellectual and developmental disabilities and of her dreams for her future in this field.

The conference committee co chairs presented their report on this year's conference --- **Honoring the past, Empowering the present, Educating the future** --- which will be held in Syracuse on September 30<sup>th</sup> – October 2<sup>nd</sup>. You can find details about what is in store on our association website. There are a couple of new features to the conference this year which I'm sure you will find exciting.

I am looking forward to seeing old friends and meeting new friends at the conference. Please seek me out and introduce yourselves. Have a safe and enjoyable summer.

As always, please feel free to contact me at [dlangkau@hotmail.com](mailto:dlangkau@hotmail.com) with questions or suggestions.

Darlene

## Nominations Requested

If you are interested in running for the office of Treasurer or Corresponding Secretary, please send your biography/position statement to the Nominating Committee Chair, Rebecca Dibble, at [information@nysiddna.org](mailto:information@nysiddna.org) by August 10. These elected officers serve as members of the Executive Board of Directors. Please feel free to contact us at the same email if you need assistance writing the biography/position statement.

Each position is for a two year term, beginning on 01/01/19. Ballots will be mailed to each person who is a member as of June 1 and must be received before the "Call to Order" of the Annual Meeting in September at the Fall conference. Winners will be announced during this meeting.

The Treasurer's responsibilities include having care and custody of all funds of the corporation, developing an annual financial report to the membership including a proposed budget and dues schedule for the coming year, writing checks to pay expenses, returning a percentage of annual dues paid to zone chairperson/treasurer for use within each organization zone and working with a tax preparer to insure all taxes are filed. The Treasurer audits zone income and expenses by means of a financial statement submitted each year by the zone chairperson/treasurer and includes a summary of this review in the annual financial report to the membership.

The Corresponding Secretary's role includes the responsibility of the correspondence of the Corporation and the newsletter. He/she serves as the advisor on the development of the newsletter and any public relations projects.

Rebecca Dibble  
Chairperson, Nominating Committee

Check out things to do while at the 2018 Conference on our web site:  
**"Things to Do in Central New York"**  
<http://www.nysiddna.org/conferences/conference-2018>

## Zone Reports

### **Zone 1-(St. Lawrence, Franklin, Clinton and Essex Counties)**

Zone 1 is working on setting up a meeting in Malone with a nurse from Franklin County Public Health presenting. If you are in Zone 1 and are not on the mailing list contact Trish Potocar [tpotocar@slnysarc.org](mailto:tpotocar@slnysarc.org) 315-353-6618, Karen Jarvis [kjarvis@slnysarc.org](mailto:kjarvis@slnysarc.org) 315-353-6618, Rebecca Dibble [rebeccadibble@citizenadvocates.net](mailto:rebeccadibble@citizenadvocates.net) 518-483-4780 or Marty Gleeson [mgleeson@slnysarc.org](mailto:mgleeson@slnysarc.org) 315-379-0701.

### **Zone 2-(Jefferson, Lewis, Oswego, Onondaga, Oneida, Madison and Herkimer Counties)**

Zone 2 Nurses met during Nurses week at Stone's Steakhouse in Syracuse. Megan Coville, MS, OTR/L came in to discuss the New York State Minimal Lift Requirements. We also celebrated Nurses Week with those that attended.

Zone 2 will plan a dinner meeting in Syracuse during this year's conference. If you are a member of Zone 2 and we do not have your current email, please contact Amanda, Iellan, or Melissa. We hope to see you all in the Fall!!!  
Melissa Britton, RN CDDN, Zone 2 Secretary

### **Zone 3-(Hamilton, Fulton, Warren, Washington and Saratoga Counties)**

Zone 3 is planning the next quarterly meeting for August 2018. Our date, time and speaker will be announced closer to that time. All nurses are welcomed to attend. Anyone wishing to have more information regarding Zone 3 activities is encouraged to contact me at [hansona2001@yahoo.com](mailto:hansona2001@yahoo.com)

Anne Payette, Zone 3 Chair

### **Zone 4-(Montgomery, Schoharie, Schenectady, Albany, Otsego, Delaware, Greene, Rensselaer and Columbia Counties)**

We continue to be an active group - in June 2018 our meeting was hosted by Springbrook in Oneonta where guest speaker Dr Frederick Wetzel completed a training on Dementia and individuals with Intellectual Disabilities. It was well attended by many nurses across our zone and we learned a lot from Dr. Wetzel.

On 8/1/18 ARC Otsego will be hosting our next meeting/Training at Brooks in Oneonta at 11:30am - guest speaker TBA at a later date - watch for the flyer to come out soon. We will have our holiday party/luncheon in December 2018 TBA at a later date.

Have a safe and healthy summer!  
Carol Krueger, Co - Chair for Zone 4

### **Zone 5-(Sullivan, Ulster, Dutchess, Orange, Putnam, Rockland and Westchester Counties)**

For Zone 5 information, please contact Zone Representative Sandra Mellion (914)907-3719 [sandramellion@gmail.com](mailto:sandramellion@gmail.com)

### **Zone 6-(Nassau and Suffolk Counties)**

The Zone remains very active and continues to recognize the importance of recruiting new members to the organization. We continue to encourage our members to achieve DDNA National Certification as C.D.D.N. (Certified Developmental Disabilities Nurses) to highlight our very specialized area of ID/DD Nursing and improve care to the men and women we support. Our members value and embrace the importance of continuing education in our profession.

In the first week of June, Perry Cyprus from Diet Delights presented on the Nutritional Aspects of Diabetes Control. The presentation will fulfill the mandatory update required by OPWDD. As always, Perry's information is informative and entertaining. Thank you Perry for your expertise and assistance as always.

Our upcoming remaining meetings for the year 2018 are as follows:

October 11<sup>th</sup> 3:00-5:00 at Long Island University-Post, Life Science Building 720 Northern Blvd., Brookville, New York  
Guest speaker Fred Wetzel on the topic of Medication Errors  
December - Holiday Party - Location to be determined

Our Zone currently has 26 members and we continue to recruit new members. The Zone's mission for our meetings is to bring in informative and interesting speakers and offer educational opportunities to our members to increase the quality of services we provide to those we support. Our meetings and Zone membership serve as an opportunity for camaraderie and information sharing, facilitating a partnership in best practice, and most importantly....fun. Please feel free to contact any of our Zone Officers for information on Zone activities and meetings. Co-Chairs: Patty Brunetti RN, QDCP [pbrunetti@lifesworc.org](mailto:pbrunetti@lifesworc.org) 516 554-3012 and Mary Sherry RN, QDCP [msherry01@familyres.org](mailto:msherry01@familyres.org) 516-870-1600

Cathy Duijnisveld, RN, QDCP, Corresponding Secretary  
[cduijnisveld@familyres.org](mailto:cduijnisveld@familyres.org) 516 297-7233

### **Zone 7-(New York, Richmond, King and Queens Counties)**

For Zone 7 information please contact Marcia Richman, RN [marcia.richman@ahrcnyc.org](mailto:marcia.richman@ahrcnyc.org)

## Zone Reports Continued

### **Zone 8-(Niagara, Orleans, Genesee, Wyoming and Erie Counties)**

Zone 8 continues to meet every other odd month at 5:30 pm at 7 Community Dr. (Aspire) in Cheektowaga. We provide a speaker for education followed by dinner and a networking meeting. Our March meeting in-service was on Narcan was presented by OASAS. Narcan kits were provided to all in attendance. Our May in-service was by UCB on Breviact for Seizures. July 12<sup>th</sup> is our next meeting with a speaker on Hepatitis C.

As a group we are looking for ideas for the Zone basket donation for the ID/DDNA conference.

Contact [linda.m.cultrara@opwdd.ny.gov](mailto:linda.m.cultrara@opwdd.ny.gov)

Linda Cultrara, RN, Zone 8 Secretary

### **Zone 9 & 11- Zone #9 (Chautauqua, Cattaraugus, Steuben and Allegany Counties) and Zone #11 (Monroe, Wayne, Ontario, Livingston, Yates and Seneca Counties)**

Zone 9&11 meets in the Rochester area. Our May meeting was held at CP Rochester, with the topic of Prevention and the Opioid Crisis in Monroe County presented by Marielena Vélez de Brown, MD, MPH, Deputy Commissioner of Public Health, Monroe County Department of Public Health. Each attendee received a naloxone medication kit.

The last 2018 date will be November 13 at Starbridge Inc. We will have speaker presenting on new pharmaceuticals or sepsis in the home. In addition, we will set the 2019 meeting schedule and discuss updates from the 2018 conference.

The zone will be raffling off a conference registration fee for one of its members!

We want to welcome our new treasurer, Cynthia Beckhorn, residential nurse at Catholic Charities in Rochester. The zone officer positions of secretary and president are up this year, and we are seeking any interested in members. All zone officers attend the Executive Board meetings twice a year in Syracuse.

Resources that are available to all members: Stat!Ref FREE mobile resource app – you can access information online through the web. FREE access to Mosby's, Davis Drug Guide, and additional resources.  
<http://www.statref.com/products/srMobile.html>

Respectfully submitted,  
Edie Smith, Zone Secretary

### **Zone 10-(Schuyler, Tompkins, Cortland, Chenango, Broome, Tioga, and Chemung Counties)**

If you are in Zone 10 and interested in connecting with a neighboring Zone for educational opportunities or networking please contact one of

## The Value of Specialty Certification

### **For Nurses:**

To be certified means that you are competent in your chosen field and have a recognized level of achievement. You understand and comply with the standards of your professional organization, live by those standards professionally, and set an example of excellence. Certification attests to your knowledge in your chosen specialty area of nursing practice. Certification provides a way to demonstrate your experience, competence, and proficiency beyond that required for nursing licensure. As a nurse practicing in the field of developmental disabilities, certification also documents that you possess special knowledge and gives you access to expanded career opportunities and advancement. As a certified nurse, you also benefit the profession of nursing, the specialty of developmental disabilities, and the people for whom you care.

### **For Employers:**

When you hire an RN or LPN/LVN who is certified in IDD nursing, you can be assured that the certified nurse has experience in working with persons with IDD, has demonstrated a high degree of expertise in the field of IDD nursing, and maintains that level of expertise by completing ongoing continuing education specific to the field of IDD nursing. Clients generally leave programs or facilities for one of four reasons: dissatisfaction with services, needs that exceed program capabilities, decline in health, or death. By having a certified nurse on staff, you can increase your clients' satisfaction with services, meet their complex nursing care needs, and help to ensure their health and quality of life. Having a CDDN or DDC makes the difference!

Source: [www.ddna.org](http://www.ddna.org)

### **WEBSITE REPORT**

#### **[www.nysiddna.org](http://www.nysiddna.org)**

Another update to the website is in the works for this year so keep tuned for those changes. We want to make it easier to enroll and pay for membership and the conference. If you have any new material you would like to see posted send it to Trish Potocar [tpotocar@slnysarc.org](mailto:tpotocar@slnysarc.org) or Nancy Rutledge [information@nysiddna.org](mailto:information@nysiddna.org).

### **FACEBOOK**

#### **NY State ID.DD Nurses Association –**

Facebook continues to show a gradual increase in viewership. Likes are up to 138. Visit the facebook page and do a "like" and the feed will be connected to your personal facebook page. Look for updates on information regarding the Nurses Assoc and it's membership. If you have news on any member and/or photos please send to [tpotocar@slnysarc.org](mailto:tpotocar@slnysarc.org) or [kjarvis@slnysarc.org](mailto:kjarvis@slnysarc.org).

*Trish Potocar, RN, Website Chairperson*

## Joyce Binder Award

This year at the September conference in we will be awarding the third annual "**Joyce Binder Memorial Award.**" This award was developed to honor a current active member of the Association, an outstanding NYS ID/DD member who has made a significant contribution to advancing the practice of supporting individuals with ID/DD through the demonstrated attributes of caring/compassionate, advocacy, mentoring, leadership, dedication, education/research. Joyce Binder, a founding member of our Association exemplified all of these attributes in her practice and establishing this organization to support ID/DD Nursing as a specialty. She remained actively in support of establishing what is now the DDNA. We are honored to be able to present this award in her name.

The 2016 winner was Patricia Potocar of St. Lawrence NYSARC and the 2017 winner was Karen Bazan of the Arc of Otsego.

Please consider member nurses you currently work with and complete a nomination form on their behalf today. The attached nominee form can also be located on our website. We can accept typed forms to ensure that they are legible. **Nominee forms must be mailed and postmarked before 8/31/18 – please submit by mail ONLY.** Send the completed application to:

NYS ID/DD Association  
PO Box 32 Hannawa Falls, NY 13647

## DDNA Update

Save the Date! Planning for the Developmental Disabilities Nurses Association (DDNA) 27<sup>th</sup> Annual Conference is underway! The conference will be held June 7 – 10, 2019 at the New Orleans Downtown Marriott at the Convention Center. There will be two, full-day Pre-Conference programs, including the Certification Boot Camp Prep Course on June 7<sup>th</sup>. Over 27 hours of continuing education, specific to IDD nursing is included. The Certification exam will be held on June 10<sup>th</sup> for approved applicants – if you are interested please visit the website for more information related to deadlines that must be met in order to sit for the exam.

Please note that if members wish to schedule a group certification exam (>10 nurses), DDNA is willing to assist. DDNA continues to work on making more CEU's available to members, and the organization also strongly encourages members to earn credits toward certification renewal by submitting articles for the newsletter.

The "Two Minute Marathon", a new continuing education feature is being developed by the Board to provide valuable information in a condensed version. Be on the lookout for this new educational benefit.

DDNA will be rolling out a new, user-friendly website in the fall – stay tuned!  
The DDNA Practice Committee, chaired by President-Elect, Judy Stych, is now meeting regularly to review IDD nursing practice concerns, trends, and standards. The Committee will also draft response/position statements on behalf of the Association.

Plans are in the works for a DDNA Recipe Cookbook to be available at next year's conference. Please consider submitting your favorite recipe! Contact our offices at [information@nysiddna.org](mailto:information@nysiddna.org) for the form to use. For more information about DDNA or any of the above-mentioned topics, please visit the website [www.ddna.org](http://www.ddna.org)

*Cathy Engel, BSN, RN, CDDN*

## Membership Committee Report

We currently have 222 renewed members of our Association!

ZONE 1 –	33 members
ZONE 2 –	29 members
ZONE 3 –	13 members
ZONE 4 –	42 members
ZONE 5 –	25 members
ZONE 6 –	26 members
ZONE 7 –	16 members
ZONE 8 –	6 members
ZONES 9/11 –	32 members
ZONE 10 –	1 member

Welcome to our new members who have recently joined the Association! Zone 1: Janice Fisher, Timothy Gagne, Kayla King and Brooke Rood. Zone 2: Robben Anderson, Timothy Durfee, Wendy Knox, Lisa Miller, Shelby Schultz, and Troie John Sweeting. Zone 3: Pamela Silva. Zone 4: Luciana Dean-Polanco, Christine Falsetta, Megan Holbrook, Jessica Leveille, Mariah Lieberman, Kevin Nichols, Margo Schweitzer, Wendy Thompson, and Ruth Zinkievich. Zone 5: Alice Galinko, Kate Gallaher, Joy Mobley and Simone Lawrence. Zone 6: Jomarie Costello, Scott Doolan, Lisa Jean-Francois and Maria Whitcomb. Zone 9: Valerie Dunshie. Zone 11: Sabrina Bojczuk, Elizabeth Dollinger, Olivia Frink, and Robert Papaj.

Please remember that membership renewals were due by April 1, 2018. Application forms are available on the website. An invoice is available for agencies that cover the membership costs for a group of nurses – if this is needed please request this via the website. Please note that PayPal is an option for dues payment with a \$1.65 additional fee added to the \$45.00 membership renewal. Nurses opting to use PayPal need to fax their membership application to 315-379-0619 as the PayPal process only provides the payment, not the essential membership information.

*Cathy Engel, BSN, RN, CDDN*  
*Membership Committee Chairperson*



# **Joyce Binder: Memorial Award Application**

Awarded to an outstanding NYS ID/DD member who has made a significant contribution to advancing the practice of supporting individuals with ID/DD through the demonstrated attributes of caring/compassion, advocacy, mentoring, leadership, dedication, education/ research.

**Name of Nominee/Title:** \_\_\_\_\_

**Experience of Nominee:** \_\_\_\_\_

\_\_\_\_\_

**Nominee is a member of NYS ID/DD Nurses Association as of Aug. 1, 2018?**

\_\_\_\_\_ Yes \_\_\_\_\_ Unknown

**Describe how this nurse has/will change the quality of life and has made a positive impact for the people he/she supports:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Attributes this nominee has demonstrated, in at least 150 words:** (May attach a brief typed summary of explanation for the distinguished attributes identified with examples of how the nominee has demonstrated those qualities.)

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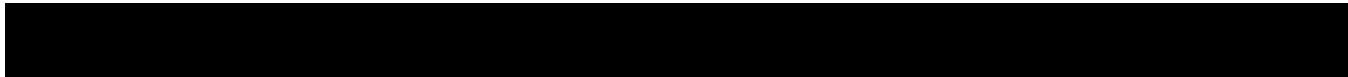
**Nominating Person and Relationship to Nominee:** \_\_\_\_\_

\_\_\_\_\_

**Contact Information:** \_\_\_\_\_

Please submit by mail this completed application before 8/31/18 to:  
NYS ID/DD Nurses Association  
PO BOX 32  
Hannawa Falls, NY 13647

NYS ID/DD Nurses Association  
PO Box 32  
Hannawa Falls, NY 13647



## **SAVE THE DATES!**

### **NYS ID/DD NURSES ASSOCIATION**

#### **34th Conference**

*Honoring the past, Empowering the present, Educating the future*

**September 30—October 2, 2018**

**Doubletree by Hilton, Syracuse NY**

#### Topics

Dual Diagnosis-2 part session  
Dementia and the ID/DD-2 part session  
What Goes In Must Come Out: – A Nurse’s Guide to Preventing Impaction  
Delegation in OPWDD Certified Sites  
Pitfalls and Process for the Diagnosis of Mental Illness in ID  
Promoting Successful Community Transitions  
Self Care is as Important as Patient Care  
Gurgles, Wheezes, & Respiratory Diseases  
Antibiotic Stewardship  
OPWDD Update 2018  
What’s Going on Out There in Professional Nursing Practice in NYS?