35th Annual Conference: Promoting Health and Wellbeing for Nurses and the People We Support
Sept. 16-18, 2019
Saratoga Springs, NY

- The One Key Strategy to Sustainably Elevate Clinical & Social Determinants of Health for People with IDD
- Safe Patient Handling – Complying with NYS Requirements
- 2 Part: Wound Prevention and Care Strategies for the ID/DD Population
- Successfully Hiring and Keeping Good Nurses
- Counting Sheep: Identifying Common Causes of Sleep Disorder in Individuals with ID/DD
- The Psychosexual Assessment and Treatment Continuum: Understanding the Socio-sexual Needs and Challenges of People with I/DD
- Borderline Personality Disorder in Intellectually Disabled Persons: A Complex Interaction
- What’s up with Survey? Trends in Regulatory Agency Findings
- Principles of Documentation in I/DD Nursing: How, Why and What to Document
- End of Life Decision Making and MOLST
- How to submit a proposal to speak at conference
- Diabetes Update: New Classifications of Medications for Diabetes Type 2
- Community Based Sepsis Recognition and Intervention
- Deciding What Not to Do: The Art of Delegation
- The Justice Center: Professional Boundaries

Hard to find time for BLS class at work?
Pre-Conference:
American Heart Association BLS
Monday, September 16: 10:00 am—12:00 pm

Early Bird Rate Due August 1
Registration Deadline August 30, 2019
Colleagues,

Welcome to the 2019 NYS ID/DD Nurses Association Annual Education Conference. We are looking forward to this year’s agenda, with an emphasis on Promoting Health and Wellbeing for Nurses and the Individuals We Care for.

The committee has worked hard throughout the year and we are happy to provide you with many different educational opportunities, as well as a social outing to Congress Park! We have incorporated a “first – timers orientation” to help guide new attendees through the conference, and have many great vendor exhibits planned. We are excited to be holding this conference at the Saratoga Springs Holiday Inn in Saratoga, NY. We look forward to seeing each of you at the conference!

Kelly Minde, RN Conference Planning Chair and Amanda Aiello, RN Co–Chair

CONTINUING NURSING EDUCATION CONTACT HOURS
This activity has been submitted to Pennsylvania State Nurses Association for approval to award contact hours. Pennsylvania State Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

For more information regarding contact hours, please contact information@nysidddna.org

WHO SHOULD ATTEND?
Registered nurses practicing in the field of intellectual and developmental disabilities. The educational sessions may also be of benefit to other licensed health care professionals employed in the same field.

COMMERCIAL SUPPORT
As of the printing of this brochure, no commercial support has been received for this educational activity. Exhibitors have had no input into the determination of the conference planning committee, continuing nursing education needs, speaker/topic selection, educational methods or evaluation process. Companies participating in this conference as exhibitors have not been endorsed by the NYS Intellectual Disabilities/Developmental Disabilities Nurses Association, Pennsylvania State Nurses Association, or the American Nurses Credentialing Center’s Commission on Accreditation.
35th Annual Conference: Promoting Health and Wellbeing for Nurses and the People We Support

September 16-18, 2019

SPEAKERS

Amanda Aiello, RN, BS
Ms. Aiello has worked in the field of intellectual and developmental disabilities for five years at Arc Herkimer in Herkimer, NY. She is currently the Health Care Education Specialist and is a certified American Heart Association BLS Instructor. Amanda is also the NYS ID/DD Nurses Association Corresponding Secretary and has served as co-chair of the Conference Planning Committee for two years.

Pamela S. Boyle, MS
Ms. Boyle is the Socialization and Sexuality Consultant for Maryhaven Center of Hope. She holds a masters degree in rehabilitation psychology from Boston University and has completed the University of California – San Francisco’s Human Sexuality Program. Pamela has 40 years experience in the field of sexuality and disability. She has published many articles and collaborated on book chapters on the field. She is a past contributing editor of two professional journals and is the former chair of the sexuality and disability specialty interest group of the American Association of Sexuality Educators, Counselors, and Therapists.

Sara Butterfield, RN, BSN, CPHQ, CCM
Ms. Butterfield is the Senior Director for Health Care Quality Improvement at IPRO. IPRO is a non-profit organization that works with government agencies, providers and patients to implement innovative programs that bring policy ideas to life. In 2016 IPRO initiated a federally funded Special Innovation Project to raise awareness of sepsis as a medical emergency across the public and health provider communities – focusing on Albany and Syracuse in New York. Evidence-based resources, tools and materials have been developed in collaboration with medical, academic and community-based experts as well as sepsis-based patient advocacy organizations. Educational sessions focus on recognition of the early signs and symptoms of sepsis, best practice protocols to ensure timely referrals to the next level of care and improving care transitions between pre-hospital providers and hospital Emergency Departments.

Colleen Carroll-Barbuto, LCSW-R
Ms. Carroll-Barbuto is currently Director of Prevention and Quality Improvement at the Justice Center for the Protection of People with Special Needs. She has 25 years of combined clinical and administrative practice in field of developmental disabilities and special education. Prior to her current position, Colleen developed, led and coordinated Professional Boundaries training for all staff in a large not for profit agency management programs.

Megan Coville, MS, OTR/L, CSPHP
Ms. Coville is Senior Risk Management Consultant, ONEGROUP. She was Certified Safe Patient Handling Professional; OTR/L at The Arc of Ulster Greene where she developed and implemented a safe patient handling program. Megan is a consultant with over 20 social service agencies on worker compensation risk

Karis M. Davis, MSN, RN, APFN
Ms. Davis is owner of KMD Consulting, providing clinical education and consulting services. She has over ten years experience as a wound care specialist and consultant. She holds a MS in Forensic Nursing from Duquesne University, and has worked at both NYU and Kinetics Concepts, Inc.

Kathleen Keating, RN, MSN, CNP-PC
Kathleen Keating, served in various capacities in the New York State Office for Persons with Developmental Disabilities (OPWDD) for 29 years, the last 11 as the Director of Nursing and Health Services. Ms. Keating was responsible for negotiating with the State Board for Nursing to define critical elements in the provision of nursing services to individuals receiving community-based residential services in facilities operated and/or certified by OPWDD. One of those elements was the development and implementation of the concept of Plans of Nursing Service (PONS).

Darlene Langkau, RN
Ms. Langkau has worked in the field of intellectual & developmental disabilities for 25 years as the Director of Nursing for Adult Services at the Center for Disability Services. She recently retired from that position but continues to work as a RN Consultant promoting appropriate care & services for individuals with ID/DD and writing medical/nursing guidelines for Care Coordinators. Darlene is the current President of NYS ID/DD Nurses Association, has served as the Bylaws Committee Chairperson and is active in Zone 4 having served as the Zone Chairperson and a zone representative.

Bruce Meyers, RN
Mr. Meyers has over 30 years experience in nursing after beginning his career in elementary education. In his leadership positions he has hired and supervised many staff and professionals, developing a variety of strategies to use for both. Bruce is a long term member of this Association.

Anne C. Payette, MSN, RN, FNP-BC, CDDN
Anne Payette has been a CDDN since 2002 and has experience with the ID/DD nursing specialty throughout the lifespan, including infant and newborn screening, early intervention services, day program residential services, supportive apartments, homes for the medically frail of all ages, as well as ID/DD staff training and development, Employee Health and Quality Improvement. Anne presents at various state and national conferences on topics pertaining to ID/DD nursing, including pain assessment and management, case coordination and planning, promoting a team approach to supporting the individual with complex needs, and end of life care and planning. She is currently practicing as a Family Nurse Practitioner at Ellis Medicine, with a passion for advancing the field of ID/DD nursing as a recognized specialty field.
Ms. Prendergast is the current OPWDD Director of Nursing and Health Services. Formerly, she was Director of a Licensed Home Care Agency, responsible for all clinical and administrative activities within the agency, including included oversight of two large waiver programs and a Consumer Directed Program and advocating for people with intellectual and developmental disabilities. Laura was the past President of the NYS ID/DD Nurses Association and currently remains the Zone Representative. Her research interest is rooted in her desire to care, advocate and educate others about persons with intellectually disabled/developmental disabilities (ID/DD).

Edie Smith, MSN, RN
Ms. Smith is an Associate Professor of Nursing and Sr. Level Program Coordinator at Cayuga Community College and has extensive experience in ID/DD Nursing. Edie sits on the Board of Directors for the Arc of Seneca Cayuga. Edie presented Improving nurses’ attitudes towards the intellectually and developmentally disabled patient population at the NLN & Sigma Theta Tau International Honor Society National Education Research Conference and the NYS LPN Educational conference. Her abstract was published in the Virginia Henderson Global Nursing Library e-Repository; Changing nursing students’ attitudes towards the intellectually and developmentally disabled patient population: A review of the literature, implications for nursing, and research proposal. Edie has implemented curriculum regarding the ID/DD patient into Cayuga College’s nursing program and Upstate Medical University training curriculum for nursing.

Susan L. Scharoun, PhD
After graduating from S.U. with a Ph.D. in Psychology, Dr. Scharoun received a National Institute of Mental Health post-doctoral fellowship to do brain research in the Department of Anatomy and Center for Brain Research at the University of Rochester Medical School. Dr. Scharoun was later employed by NYS Office of People with a Developmental Disability as an Associate Psychologist and Treatment Team Leader for seventeen years before becoming a Professor in the Department of Psychology at Le Moyne College, where she was the chair of the department for over a decade. Her research interests include autism and addressing challenging behaviors with positive behavioral support. She is a consultant psychologist for several not-for-profit agencies that serve children and adults with developmental disabilities. Dr. Scharoun is on the Board of Directors of ARC of Onondaga and is the co-author of the e-publication of Dual Diagnosis, A Caregiver’s Guide.

James D. Vail, BA, MBA
Mr. Vail is a former Executive Director of a social services agency that supports people with IDD in congregate living settings; this provider, under Mr. Vail’s leadership, is one of the first organizations to receive a 4-year CQL accreditation, placing it within the top 1% of social services agencies in the world. Such quality enhancement evolved based on an approach to improved clinical and social determinants of health for people supported that Mr. Vail conceived of and implemented in collaboration with professionals from the Feinberg School of Medicine at Northwestern University. The USDA learned of the substantial health gains registering as a result of Mr. Vail’s program and backed nationwide trials to test the efficacy of the approach. Health economists verified that multiple-years long outcomes were substantial. Mr. Vail commercialized and branded the program as My25 in order to positively impact a broader population of people with IDD throughout the U.S.

Frederick Wetzel, Ph.D., LNC, NCC, CDP
Dr. Wetzel is the former Downstate Director of the New York State OPWDD, Division of Quality Improvement/Bureau of Program Certification. His career with OPWDD spanned 31 years, during which he held positions as Case Manager, Technical Assistant, Surveyor, Regional Director, and Director of Clinical Review. He chaired the DQI Health Care Committee and the Statewide Committee on Incidents. Fred is a Legal Nurse Consultant, Certified Dementia Practitioner, a National Board Certified Counselor, Board Certified Clinical Hypnotherapist and a Certified Inclusivity Assessor. He volunteers on the Surrogate Decision Making Committee and The Central Mortality Review Committee. Fred now provides consulting services to various agencies providing supports and services to individuals with Intellectual and developmental disabilities, as well as Attorneys and Advocates.

Nanette Wrobel, RPh
Ms. Wrobel is Pharmacy Clinical Director for a national pharmacy. She publishes a clinical newsletter and teaches numerous webinars per year for nurses and other healthcare professionals. Nanette is a popular speaker at both this conference and DDNA. She is a graduate of the University of Illinois College of Pharmacy.

Eileen Zibell, Esq.
Ms. Zibell is OPWDD Associate Attorney, where she is responsible for training and legal issues related to health care. Her areas of expertise include informed consent, health care proxies, Do Not Resuscitate (DNRs), Medical Orders for Life Sustaining Treatment (MOLST), and the Health Care Decisions Act for Individuals with IDD.
CONFERENCE AGENDA

Monday

10:00 am—Noon: Preconference
Basic Life Support — Amanda Aiello
Includes American Heart Association digital e-cards. The AHA BLS Course is designed for healthcare providers caring for patients both in and out of a hospital/facility setting and includes AED use. Enrollment is limited.

11:00 am –4:30 pm: Conference Registration Open

11:30 am—Noon: First Timers Orientation
Darlene Langkau, President, will lead an optional orientation session to help first time attendees get the most of the conference.

12:45—2:15 pm Concurrent Sessions (Choose one)
Session M1: The Psychosexual Assessment and Treatment Continuum: Understanding the Socio-sexual Needs and Challenges of People with IDD — Pamela S. Boyle
Ms. Boyle will review where we have been and where we are now regarding sexuality and people with IDD. She will then discuss responding to the needs of the people we serve with a focus on psychosocial assessment and the treatment continuum.

Session M2: Counting Sheep: Identifying Common Causes of Sleep Disorder in Individuals with ID/DD — Anne C. Payette
Ms. Payette discusses medications, GERD and related conditions, COPD and asthma, sleep apnea and sleep disordered breathing, and pain as common causes of sleep disorders. She then pulls it all together with case reviews and evaluation of evidence-based treatment recommendations.

2:30—4:00 pm Keynote: The One Key Strategy to Sustainably Elevate Clinical & Social Determinates of Health for People with IDD — James D. Vail
Clinical and social determinants of health are important to multiple stakeholders. Mr. Vail will identify the one obstacle impeding clinical and social determinants of health improvement, including analysis of why the roadblock has persisted and why pressures are now demanding an immediate change to the subpar status quo.
He will also outline a replicable (noncommercial), 5-step strategy behind elevating clinical and social determinants of health, including a road map for implementation within LTSS and home-based settings.

New This Year! Mini-Sessions.
Add another 1.0 contact hours to your CNE total or relax and learn more about Saratoga Springs.

4:15—5:00 pm
Session M4: Discover Saratoga Springs by the Saratoga Convention & Tourism Bureau
Session O2: First Timers Orientation (Repeat of earlier session) — Darlene Langkau, President

4:15—5:15 pm (1.0 contact hours)
Session M5: How to Submit a Proposal to Speak at Conference — Amanda Aiello and Edie Smith

4:15—5:15 pm
Walk Around Congress Park — Mary Jean Keegan will lead a group walk.

Tuesday

7:30 am—4:00 pm: Conference Registration Open
8:00 am: Breakfast

8:30—9:45 am Borderline Personality Disorder in Intellectually Disabled Persons: A Complex Interaction — Susan L. Scharoun
Dr. Scharoun plans to address gaps in knowledge that many clinicians have regarding the complexity of BPD and the complex interactions that are seen in the dually diagnosed population. Symptomatology, involvement of cognitive limitations, and treatment possibilities will be included.

10:00—11:15 am Concurrent Sessions (Choose one)
Session T2: What’s up with Survey? Trends in Regulatory Agency Findings — Dr. Frederick Wetzel
Learn how changes in the Home and Community Based Services (HCBS) waiver environment and the advent of managed care in IDD services will affect IDD Nursing. Dr. Wetzel will also talk about common problems with surveys and how to avoid them.

Session T3: Diabetes Update: New Classifications of Medications for Diabetes Type 2 — Nanette Wrobel
Recent years have seen many medications with new mechanisms of action for diabetes mellitus type 2 including SGLT-2 inhibitors, DPP-4 inhibitors, and GLP-1 agonists. Ms. Wrobel is known nationally for her ability to make complex topics understandable.

HANDOUTS ARE ELECTRONIC!
BE SURE YOUR EMAIL ADDRESS IS ACCURATE
Handouts will be available 1 week before the conference via the web site. Please check your confirmation email for further details. Handouts will not be provided on site.
and this session will not be an exception!

**Tuesday continued**

11:15 am—2:15 pm: Exhibit Hall Open

Noon: Lunch

12:45—1:45 pm General Session

**Community Based Sepsis Recognition and Intervention**

*Sara Butterfield*

Sepsis is the nation’s tenth leading cause of death, and research has shown that more than 80% of sepsis cases originate in the community. Improve your early identification and intervention of sepsis in all settings.

**2:15—3:30 pm Concurrent Sessions (Choose one)**

**Session T5:** Successfully Hiring and Keeping Good Nurses

*Bruce Meyers*

Mr. Meyers will lead a group discussion for sharing of ideas and to refresh participant’s approach to hiring and supervising.

**Session T6:** End of Life Decision-Making for Individuals with I/DD

*Eileen Zibell, Esq.*

The Health Care Decisions Act for Individuals with I/DD will be discussed with a focus on the use of MOLST. This topic is requested by attendees year after year and Ms. Zibell is the NYS expert. She will review the law and update participants on changes in 2018 and 2019.

**3:45—5:00 pm General Session**

**Deciding What Not to Do: The Art of Delegation**

*Kathleen Keating*

The NYS Education law was amended in 2012 with the addition of section 6908.1.a(v), which lays out the specifics of the requirements for the delegation of nursing tasks to unlicensed assistive personnel (UAP) in OPWDD certified and/or operated facilities, and which incorporates by reference OPWDD ADM 2003-01. Ms. Keating will review the law and how to apply it in real life situations.

**Wednesday**

7:30 am—3:00 pm: Conference Registration Open

7:30—8:30 am: Exhibit Hall Open

8:00 am: Breakfast

8:30-9:30 am: Annual Meeting

- Officer and Zone Reports
- Bylaws Amendments
- Vote on Dues Rate
- Joyce Binder Award
- Basket Raffles

9:45—11:00 am Concurrent Sessions (Choose one)

**Session W1:** Principles of Documentation in I/DD Nursing: How, Why and What to Document

*Dr. Fred Wetzel*

While all Nurses are familiar with basics of charting, there are frequent citations on certification surveys related to insufficient documentation. This session will cover required nursing documentation in I/DD service environments and ensuring that documentation reflects the nursing process.

**Session W2:** Wound Prevention and Care Strategies for the ID/DD Population: Part I

*Karis M. Davis*

This 2 part series will address acute and chronic wound management, treatment options, support surfaces available; wound assessment and documentation; how to properly stage wounds.

11:00 am: Last Chance for Exhibits

11:30 am-12:30 pm: General Session

**OPWDD Update**

*Susan Prendergast*

An update on current nursing activities and initiatives at OPWDD.

12:30 pm Lunch

1:45—2:45 pm Concurrent Sessions (Choose one)

**Session W4:** Safe Patient Handling: Complying with NYS Requirements

*Megan Coville*

Ms. Coville will speak about NYS regulations regarding safe patient handling, policy and procedures to develop, and insurance carrier responsibilities.

**Session W5:** Wound Prevention and Care Strategies for the ID/DD Population: Part 2

*Karis M. Davis*

Part 2 will take an in depth look at treatment, documentation of assessment and treatment, and use of support surfaces.

3:00—4:00 pm “Bonus” Session

**The Justice Center: Professional Boundaries**

*Colleen Carroll-Barbuto*

This presentation provides detailed information and discussion of professional boundaries, boundary issues that occur in provision of care, and skills and strategies for improvement.
**Room Rate:** King or Double: $139.00 plus applicable state and local taxes (currently 13%).

**Cut-Off Date:** Reservations for attendees must be received on or before August 31, 2019 but the room block may sell out before that date.

Reservations may be made by calling:
Reservations 1 877 666 3243
Hotel (518) 584-4550

**Group Code:** IDN
35th Annual NYS ID/DD Nurses Association Conference
Sept. 16-18, 2019       Saratoga Springs, NY

Name ____________________________________________
Employer ____________________________________________

□ Home Address ____________________________________________
□ Work Address ____________________________________________

Phone ____________________________________________________
Email ______________________________________________________

NYS ID/DD Nurses Association Zone ______  If zone not known, give county ____________________________

Please list your choice of sessions for each time block

<table>
<thead>
<tr>
<th>Day</th>
<th>Session</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Preconference BLS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monday</td>
<td>First Timers Orientation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monday</td>
<td>Concurrent Sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Monday</td>
<td>Mini-Sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tuesday</td>
<td>10:00-11:15 am</td>
<td>T2</td>
<td>T3</td>
</tr>
<tr>
<td>Tuesday</td>
<td>2:15—3:30 pm</td>
<td>T5</td>
<td>T6</td>
</tr>
<tr>
<td>Wednesday</td>
<td>9:45-11:00 am</td>
<td>W1</td>
<td>W2</td>
</tr>
<tr>
<td>Wednesday</td>
<td>1:45-2:45 pm</td>
<td>W4</td>
<td>W5</td>
</tr>
<tr>
<td>Wednesday</td>
<td>“Bonus” Session</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>3:00—4:00 pm</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Conference Meals & Session Selections
Please select only the meals & sessions you will attend

<table>
<thead>
<tr>
<th>Day</th>
<th>Breakfast</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>Breakfast</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lunch</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wednesday</td>
<td>Breakfast</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lunch</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please check box for □ Vegetarian Meals    □ Gluten Free

Make Checks, Money Orders and Purchase Orders payable to:
NYS ID/DD Nurses Association
PO Box 32       Hannawa Falls, NY   13647

For Purchase Orders, the Federal ID # is 22-2570251
Email: information@nysiddna.org   Fax: 315-379-0619

We are sorry but we can not accept telephone registrations. Registration forms paid by PayPal or Purchase Order may be faxed to 315-379-0619. PayPal assesses an additional fee which is added to the registration rate.

Early Bird Rate Due August 1
Registration Deadline
August 30, 2019

Registration Fees Enclosed:
Must be member of NYS ID/DD Nurses Assoc. by July 15, 2019 to qualify for member rate. DDNA membership does not qualify.

Preconference
□ $25 with conference registration

Full Conference Registration
□ $290 Member Early Bird (due 8/1)
□ $315 Member (due 8/30)
□ $350 Nonmember Early Bird (due 8/1)
□ $375 Nonmember (due 8/30)

One Day Registration
□ $150 Member Early Bird (due 8/1)
□ $160 Member (due 8/30)
□ $175 Nonmember Early Bird (due 8/1)
□ $190 Nonmember (due 8/30)

No refunds will be given for registration cancellations after 12:00 noon on 9-11-19. Substitutions are allowed.

Hotel rooms are not included in the conference registration. The room rate is $139 +tax, single or double. Please make reservations with the Holiday Inn Saratoga Springs by August 31. The room block may sell out prior to that date so call early. The group code is IDN.

The hotel direct phone number is (518) 584-4550.